

Medicinal Garden Colouring Pages

Disclaimer –

The information provided on the colouring sheets are meant as a brief overview of the medicinal benefits of certain plants and flowers. If you plan on consuming any of these plants or flowers for medicinal use consult a medical professional to weigh the benefits and risks.



Calendula



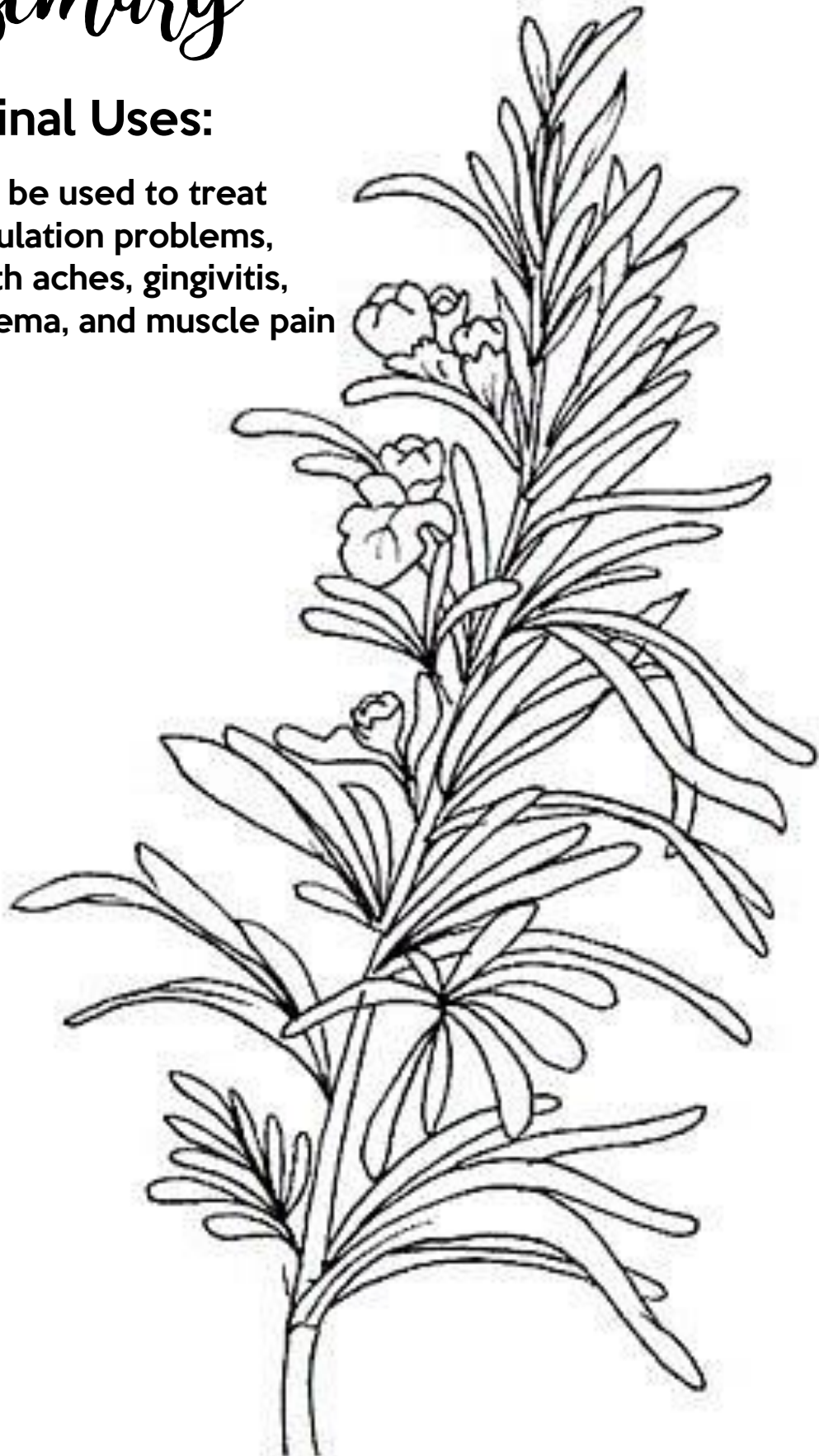
Medicinal Uses:

- Prevents muscle spasms
- Reduces fever
- Treats sore throat and mouth

Rosemary

Medicinal Uses:

- Can be used to treat circulation problems, tooth aches, gingivitis, eczema, and muscle pain



Hollyhock

Medicinal Uses:

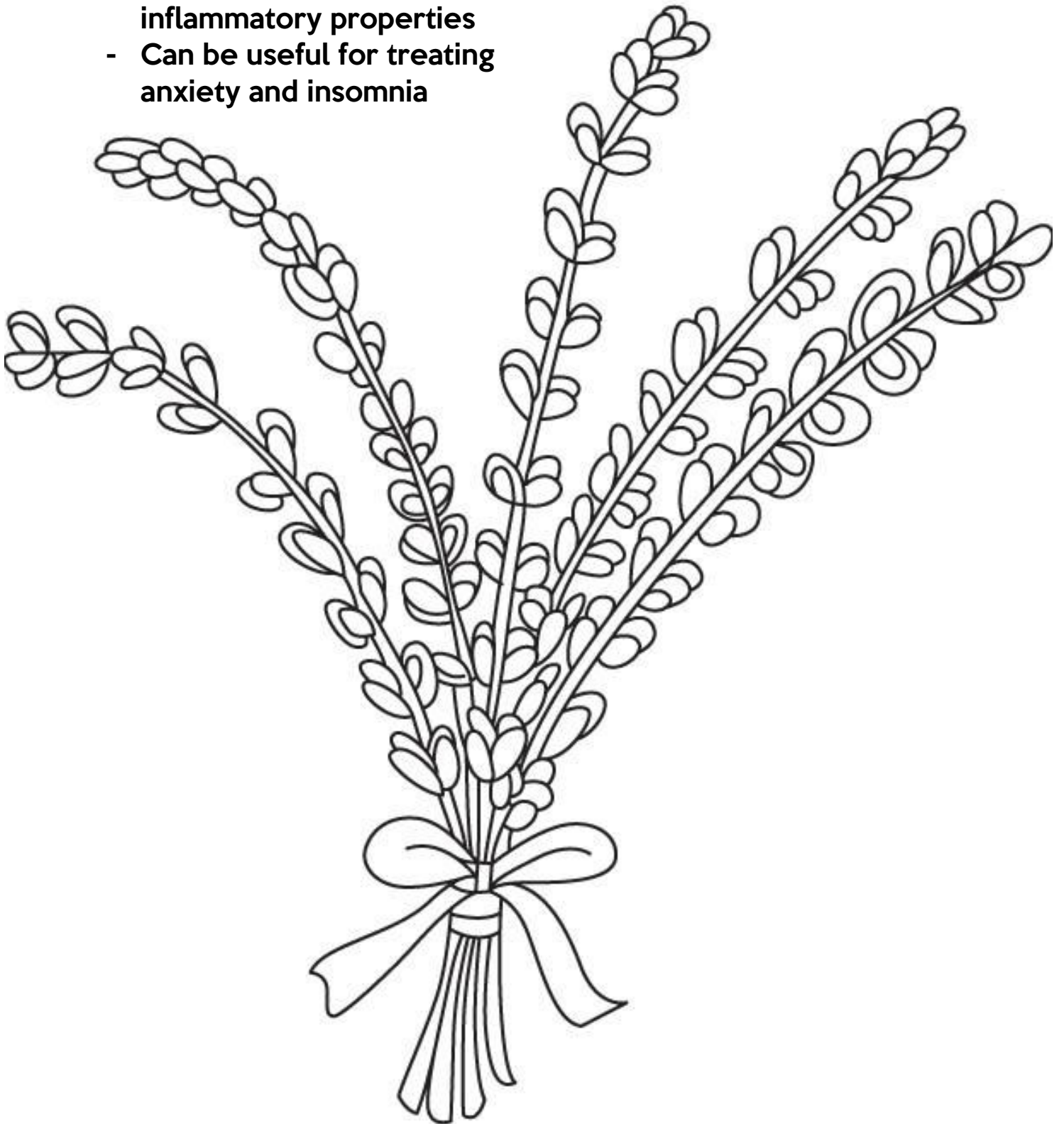
- Helps to treat breathing disorders and digestive tract problems



Lavender

Medicinal Uses:

- Antiseptic and anti-inflammatory properties
- Can be useful for treating anxiety and insomnia



Belladonna

Medicinal Uses:

- Historically used as a sedative to relieve asthma and whooping cough





Echinacea

Medicinal Uses:

- Helps treat the common cold
- Relieves coughs, bronchitis
- Anti-inflammatory properties